

## Informed Consent Biopuncture

Informed consent is a process of communication between you the patient and me the physician that results in your authorization or agreement to undergo a specific medical intervention.

In the communications process, the physician providing or performing the treatment and/or procedure (not a delegated representative), will disclose and discuss with you:

1. Your diagnosis, if known;
2. The nature and purpose of a proposed treatment or procedure;
3. The risks and benefits of a proposed treatment or procedure;
4. Alternatives (regardless of their cost or the extent to which the treatment options are covered by health insurance);
5. The risks and benefits of the alternative treatment or procedure; and
6. The risks and benefits of not receiving or undergoing a treatment or procedure.

You have an opportunity to ask questions to elicit a better understanding of the treatment or procedure, so that you can make an informed decision to proceed or to refuse a particular course of medical intervention.

## Indications & Limits of Biopuncture

The exact mechanism that explains the clinical results seen with injection of biotherapeutic substances is still unclear. It is supposed that, just like homeopathy & acupuncture, Biopuncture acts like an accelerator to the natural healing process. Injections have therapeutic effects based not only on their intrinsic pharmacological characteristic but also by an indirect effect: through the regulation of the neuro-endocrine system & through stimulation of the immune system.

### Indications

Biotherapeutics are medical products that do not suppress the neuro-immunological response in the body. These remedies are injected in order to regulate natural healing and to regulate inflammatory processes. In other words, they don't stimulate or suppress but they *regulate* the physiological defense systems of the body.

Biopuncture has proven effective for:

1. Sports Medicine: Acute & chronic injuries, inflammation or tendons, muscle strain.
2. Headache, migraine
3. Allergy: Asthma, eczema, hay fever.
4. Musculoskeletal pain: Low back, neck, sciatica, piriformis syndrome.
5. Rheumatoid arthritis and associated disorders.
6. Gastrointestinal disorders: Gastritis, IBS, colitis
7. Acute & chronic inflammations or different origins: Bronchitis, cystitis, prostatitis.

Biopuncture is a therapeutic option where:

1. Conventional care has failed or has reached its limits.
2. There is no conventional treatment that exists.
3. Conventional treatment is contraindicated.
4. Conventional treatment is too expensive.
5. Conventional treatment is not tolerated due to its side effects.

Limits of Biopuncture

Because some disease processes have serious sequelae (a condition following as a consequence of a disease) involved in the most severe manifestations of the disease spectrum it is important to recognize that there are disease process that cannot be effectively treated with Biopuncture. Biopuncture is contraindicated if:

1. You are needle phobic
2. If you have impaired coagulation or are on blood thinning medication
3. If your immune system is impaired
4. Have a hypersensitivity to the products injected

Complications

1. Damage to internal organs: puncturing the lung, liver, spleen, kidney, or heart,
2. Damage to nerves, blood vessels, muscles... These complications cannot always be prevented as they may happen by accident i.e., movement by the patient during the procedure. Every attempt is made not to inject into areas that may cause harm to you.
3. Hematoma is a bruise and may occur.

The benefits of acupuncture injection therapy have been explained to me, I have had the opportunity to have all my questions answered to my satisfaction. I understand that the products to be injected are safe and effective treatment for my condition.

I understand that side effects and or local reactions may occur namely:

1. Local inflammation
2. Local swelling
3. Bruising
4. Hematoma at the injection site
5. Possible lightheadedness or fainting
6. Possible localized pain or discomfort
7. Allergic reaction
8. Skin rash, redness
9. Possible heat sensation and heaviness at the injection site
10. Possible exacerbation/aggravation of symptoms

I attest that I am not currently taking any anticoagulation (blood thinning) therapy and if I have been it has not been with in the past month. I voluntarily consent to acupuncture injection therapy as explained to me by my practitioner.

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Name Print	Signature
Witness	Date

I am currently on blood thinning medication and I voluntarily consent to Biopuncture treatment \_\_\_\_\_  
Initials